



**FREE  
EVENT**  
RSVP ESSENTIAL

**SORRENTO COMMUNITY CENTRE IN PARTNERSHIP WITH UMBRELLA DEMENTIA CAFÉS**

INVITE YOU TO A **MORNING TEA** TO FIND OUT

# What is a Dementia Café?

**THURSDAY JULY, 22ND - 10.30am - 12 noon @**

**Sorrento Community Centre, 860-868 Melbourne Road, Sorrento 3943**

We believe a connected and inclusive social community is fundamental to personal well-being. To support those in our community experiencing dementia, we have partnered with Umbrella Dementia Cafés, a health promotion charity, to build our very own supportive and fun social group for couples living with dementia.

**RSVP essential** as due to COVID-19 restrictions, **seating will be limited. Register your interest** to attend this informative morning tea event by calling us at **Sorrento Community Centre - 5984 3360** or register on our website: [www.sorrentocc.org.au](http://www.sorrentocc.org.au)

**Umbrella Dementia Cafés support a growing network of dementia cafés in Melbourne and Rosebud, read more about the innovative work they do empowering people living with dementia.**

Everyone is welcome to attend this information morning tea whether you're a healthcare professional, curious local businessperson, an interested volunteer, a donor or anyone looking to meet others going through the same dementia journey.

## Guest Speakers

**Kirsty Porter**, the founder and CEO of Umbrella Dementia Cafés, and;

**Lyn Young**, a member of the Umbrella Cafe Blackburn who cares for her partner living with dementia.



**Sorrento  
Community  
Centre**

Connecting our community

03 5984 3360

[admin@sorrentocc.org.au](mailto:admin@sorrentocc.org.au)

[www.sorrentocc.org.au](http://www.sorrentocc.org.au)



**Empowering People with Dementia**  
[umbrelladementiacafes.com.au](http://umbrelladementiacafes.com.au)

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